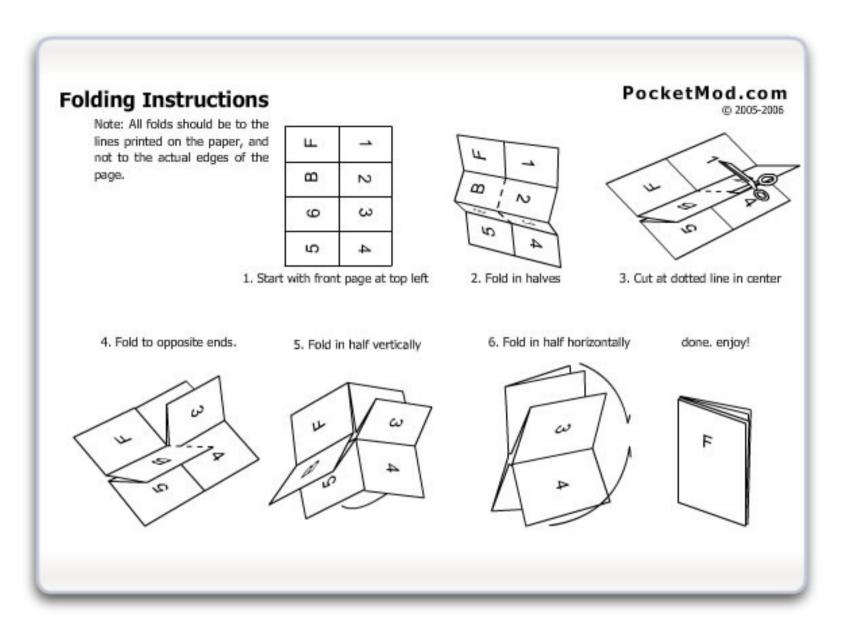
Cut along this line first

Cut along this line and then follow the folding instructions on page 2



Simply print page 1 and trim along the two ends and then follow this folding /cutting guide and hey presto you have a small temp log book for the cost of 1 A4 sheet of paper and a little ink.

If you want to change the content of the cover email me at rmullans@gmail.com and I will happily send you the Microsoft Publisher file.